Sexuality and Cancer
A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please talk to your doctor about your specific concerns.

The Learning Center provides a wide range of materials, and each location has different resources. Please call ahead to learn which location has the resources you need.

To learn more or ask questions, please call, email or visit The Learning Center.

Levit Family Learning Center
Mays Clinic
Floor 2, near The Tree Sculpture,
Room ACB2.1120
Monday – Friday, 9 a.m.-4 p.m.
713-563-8010
http://www.mdanderson.org/tlc
Email: asktlcstaff@mdanderson.org

Theodore N. Law Learning Center
Main Building
Floor 4, near Elevator A,
Room R4.1100
Monday – Friday, 9 a.m.-4 p.m.
713-745-8063

Pamphlets

Coping With Appearance Changes Due to Breast Cancer: Tips to Help Improve Your Body Image. The University of Texas MD Anderson Cancer Center. 2012.
Renewing Intimacy and Sexuality After Gynecologic Cancer. Gynecologic Cancer Foundation. 2012.
Sexuality and Cancer: A Guide for Patients and Their Partners. The University of Texas MD Anderson Cancer Center. 2008.
Sexuality for the Man With Cancer. American Cancer Society. 2006.
Sexuality for the Woman With Cancer. American Cancer Society. 2007.

Books

The Body Image Workbook. Cash T. BF 697.5 .B63 C338b 2008.

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*Disorders of Sexuality and Reproduction. Chapter 55. In: Principles and Practice of Palliative Care and Supportive Oncology. Berger A, Roenn J, Shuster J. QZ 266 P957 2007.

Making Love Again: Hope for Couples Facing Loss of Sexual Intimacy. Laken K, Laken V. WJ 709 L192m 2002.

Rekindling Desire: A Step-by-Step Program to Help Low-Sex and No-Sex Marriages. McCarthy B, McCarthy E. HQ 46 M123r 2003.

*Sexuality After Cancer. Chapter 33. In: Psycho-oncology. Holland J. QZ 200 P9743 2010.

Sexuality After Transplant. Chapter 16. In: Bone Marrow and Blood Stem Cell Transplant: A Guide for Patients and Their Loved Ones. Stewart S. WH 380 S851b 2012.

*Sexuality and Cancer. Chapter 10. In: MD Anderson Manual of Psychosocial Oncology. Duffy J, Valentine A, QZ 200 M478 2011.

*Sexuality Issues in Cancer Rehabilitation. Chapter 66. In: Cancer Rehabilitation Principles and Practice. Stubblefield M, O'Dell M. QZ 266 C2166 2009.

Women's Health

Because It Feels Good: A Woman's Guide to Sexual Pleasure and Satisfaction. Herbenick D. HQ 46 H45b 2009.

Becoming Orgasmic: A Sexual and Personal Growth Program for Women. Heiman J, LoPiccolo J. HQ 46 H467b 1992.

Before Your Time: The Early Menopause Survival Guide. Sterling EW, Best-Boss A. WP 580 S838b 2010.

Confronting Heredity Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny. Friedman S, Sutphen R, Steligo K. WP 870 F912c 2012.

I'm Not My Breast Cancer: Women Talk Openly About Love & Sex, Hair Loss & Weight Gain, Mothers & Daughters, And Being a Woman With Breast Cancer. Peltason R. WP 870 P393i 2008.

Living Well Beyond Breast Cancer: A Survivor's Guide for When Treatment Ends and the Rest of Your Life Begins. Weiss M, Weiss E. WP 870 W431l 2010.

My Breast: One Woman's Cancer Story. Wadler J. WP 870 W123m 1992.

Now What? A Patient's Guide to Recovery After Mastectomy. Curran Baker A, Curran Brown M, Curran L. WP 910 C976n 2012.

100 Questions and Answers About Breast Cancer Sensuality, Sexuality, and Intimacy. Krychman M, Kellogg S, Finestone S. WP 870 K94o 2011.

100 Questions and Answers About Women's Sexual Wellness and Vitality: A Practical Guide for the Woman Seeking Sexual Fulfillment. Krychman M. WP 120 K95o 2010.

Prophylactic Mastectomy: Insights From Women Who Chose to Reduce Their Risk. Patenaude AF. WP 910 P295p 2012.

The Secret Pleasures of Menopause. Northrup C. WP 580 N877t 2008.

Sex Matters for Women: A Complete Guide to Taking Care of Your Sexual Self. Foley S, Kope S, Sugrue DP. HQ 29 F663s 2012.

Sexual Health and Dysfunction. Chapter 15. In: Women's Cancers. Keen A, Lennan E. WP 145 W8722 2011.

*Indicates reference only (unavailable for check out)

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Sexuality and Cancer: For the Woman Who Has Cancer and Her Partner. Schover L. QZ 200 S376s 2004.
Sudden Menopause: Restoring Health and Emotional Well-Being. DeAngelo D. WP 580 D284s 2001.
The V Book: A Doctor's Guide to Complete Vulvovaginal Health. Stewart EG, Spencer P. WP 250 S849v 2002.
Woman Cancer Sex. Katz A. QZ 200 K19w 2009.

Men's Health

After Prostate Cancer: A What-Comes-Next Guide to a Safe and Informed Recovery. Melman A, Newnham RE. WJ 762 M527a 2011.
Intimacy With Impotence: The Couple's Guide to Better Sex After Prostate Disease. Alterowitz R, Alterowitz B. WJ 709 A466i 2004.
Life, Sex, and Prostate Cancer Surgery: How One Man Healed and Was Made Whole. Hallenborg JC. WJ 762 H184l 2009.
The Lovin' Ain't Over: The Couple's Guide to Better Sex After Prostate Disease. Alterowitz R, Alterowitz B. WJ 709 A466l 1999.
Man Cancer Sex. Katz A. QZ 200 K19m 2010.
100 Questions & Answers About Men's Health: Keeping You Happy & Healthy Below the Belt. WJ 700 E47o 2011.
Saving Your Sex Life. Mulhall JP. WJ 762 M957s 2008.
Sexuality and Cancer: For the Man Who Has Cancer and His Partner. Schover L. QZ 200 S376se 2005.

About Fertility

*Cancer and Pregnancy. Surbone A, Peccatori F, Pavlidis N. WQ 240 C2145 2008.
Family Planning. Chapter 17. In: Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients and Their Loved Ones. Stewart S. WH 380 S851b 2012.
Fertility and Cancer in Women. Chapter 14. In: Women's Cancers. Keen A, Lennan E. WP 145 W8722 2011.
The Fertility Diet: Groundbreaking Research Reveals Natural Ways to Boost Ovulation & Improve Your Chances of Getting Pregnant. Chavarro J, Skerrett PJ, Willett W. QU 145 C512f 2008.
*Fertility-Sparing Options for Treatment of Women with Gynecologic Cancers. Chapter 15. In: Gynecologic Cancer. WP 145 G997 2006.
Having Children After Cancer: How to Make Informed Choices Before and After Treatment and Build the Family of Your Dreams. Shaw G. WP 570 S534h 2011.
*Oncofertility: Fertility Preservation for Cancer Survivors. Woodruff T, Snyder K, eds. WP 570 O58 2007.
100 Questions and Answers About Cancer and Fertility. Oktay K, Beck LN, Reinecke JD. QZ 200 O41o 2008.
*Parenthood After Cancer: Today's Options and Tomorrow's Hopes. National Cancer Institute. QZ 267 P37 2005.

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Video

Breast Cancer & Intimacy. Rubin D, et al. WP 870 DVD 384.
Cancer and Marriage: Four Couples. The University of Texas MD Anderson Cancer Center. QZ 200 DVD 3840.
You Are Not Alone: A Conversation With Young Survivors. The Young Survival Coalition. WP 870 DVD 412.

Websites

American Cancer Society
Search "sexuality" to find information about cancer, men, women, body image and fertility.
http://www.cancer.org

American Society for Reproductive Medicine
This organization is dedicated to the advancement of the art, science and practice of reproductive medicine.
www.asrm.org

American Association of Sexuality Educators, Counselors and Therapists
This organization shares an interest in promoting and understanding sexuality and healthy sexual behavior.
www.aasect.org

Blood & Marrow Transplant Information Network
This site offers several webcasts on sexuality after transplant.
www.bmtinfonet.org/after/sexuality

The Center for Intimacy After Cancer Therapy, Inc.
This organization helps couples renew their intimacy after cancer.
www.renewintimacy.org

Fertile Hope
This LIVESTRONG initiative provides reproductive information, support and hope to cancer patients and survivors whose medical treatments present the risk of infertility.
www.fertilehope.org

North American Menopause Society
This collection of articles provides valuable information on the changing concept of sexuality in menopause.
http://www.menopause.org/Consumers.aspx

Voice America
Frankly Speaking About Cancer, "Sexuality in Cancer Survivorship" podcast
http://www.voiceamerica.com/episode/52049/sexuality-in-cancer-survivorship

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