

## CIN (Dysplasia)

You have been referred to The University of Texas MD Anderson Cancer Gynecologic Oncology Center because you have an abnormal Pap smear. Many conditions can cause an abnormal Pap smear. Some of them will need treatment and others will only be observed.

### What is Cervical Intraepithelial Neoplasia (CIN)?

Cervical Intraepithelial Neoplasia (CIN), also known as dysplasia, is a condition that we describe as a precancerous lesion. This means that it is not a cancer, but it could become cancer if it is not treated. CIN does not spread to other parts of the body as do cancers. It is usually easily treated in the clinic.

### How is diagnosis made?

First, we make an appointment for you in the Gynecologic Oncology Center. At the center, your Pap smear will be repeated. While doing the colposcopy (a procedure that uses a special scope to look at your cervix), acetic acid (or vinegar) is put on the cervix to reveal abnormal areas. Cervical biopsies and a scraping (endocervical curettage) of the affected area are also performed. We need all this information in order to decide how you should be treated.

### What about results?

The results usually will be ready in **three to four weeks**.

If the results are abnormal we will call you; otherwise you will receive a letter letting you know that the results were normal. In any case, you should know the results **three to four weeks** after being seen. Your follow-up visit will be arranged based on the results of your biopsies. You will be told if your follow-up will be for treatment or for another Pap smear and colposcopy.

It is very important for you to keep your scheduled appointments. If you are unable to keep your appointment, please call (713)792-6815 and reschedule at least 24 hours before your appointment time.

### What about treatment?

Sometimes, the results show inflammation that does not need treatment. However, if we find CIN (Dysplasia), treatment will be necessary. There are now several ways in which CIN can be

treated. Most of the available treatments can be done in the clinic. Your doctor or nurse will discuss with you the treatment that is best for you and will make an appointment.

## **What To Call Us About**

MD Anderson is a cancer center and treats only cancer-related disorders. We do not provide full gynecological services. After your biopsy, you should not bleed more than you do during your menstrual cycle. If excessive bleeding occurs, please return to the MD Anderson Gynecologic Center. However, we request that you **contact your regular doctor, nurse, or clinic for the following:**

- Birth control
- Vaginal infections
- Obstetrics
- Problems with your period
- Trauma
- Treatment of any other gynecological problems
- Urinary tract infections