

# Breast Cancer

## A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please consult your health care provider to discuss your specific concerns.

**The Learning Center locations provide a wide range of materials, and each site's resources are different.** Please call ahead to learn which location contains the resources you need. The Learning Center staff provides skilled, individualized service and will be happy to help you.

For more information, or if you have questions, please call, e-mail or visit The Learning Center.

### Levit Family Learning Center Mays Clinic

Floor 2, near The Tree Sculpture,  
Room ACB2.1120  
Monday – Friday, 9 a.m.-4 p.m.  
713-563-8010

<http://www.mdanderson.org/tlc>

**E-mail:** [asktlcstaff@mdanderson.org](mailto:asktlcstaff@mdanderson.org)

### Theodore N. Law Learning Center Main Building

Floor 4, near Elevator A,  
Room R4.1100  
Monday – Friday, 9 a.m.-4 p.m.  
713-745-8063

## Books

\*Advances in Breast Cancer Management. 2nd ed. Gradishar W, Wood W, eds.  
WP 870 A244 2008.

After Breast Cancer: A Common-Sense Guide to Life After Treatment. Schnipper H.  
WP 870 S361a 2006.

Bathsheba's Breast: Women, Cancer & History. Olson J. WP 870 O52b 2002.

Be a Survivor: Your Guide to Breast Cancer Treatment. 5th ed. Lang V. WP 870 L274b 2009.

Breast Cancer. Chen W, Skarin A, eds. WP 870 B8276 2007.

\*Breast Cancer. 2nd ed. Hunt K, et al. WP 870 B8283 2008.

\*Breast Cancer. Winchester D, et al. WP870 B8304 2006.

Breast Cancer Clear & Simple: All Your Questions Answered. American Cancer Society.  
WP 870 B8277 2008.

Breast Cancer Husband: How to Help Your Wife (and Yourself) Through Diagnosis, Treatment,  
and Beyond. Silver M. WP 870 S587b 2004.

\*Indicates reference only (unavailable for check out)

- Breast Cancer: Myths & Facts: What You Need to Know. 4th ed. Singletary S, Judkins A. WP 870 S617b 2007.
- \*Breast Cancer: Prognosis, Treatment, and Prevention. 2nd ed. Pasqualini J, ed. WP 870 B8309 2008.
- The Breast Cancer Survival Manual. 4th ed. Link J. WP 870 L756b 2007.
- Breast Cancer: The Complete Guide. 5th ed. Hirshaut Y, Pressman P. WP 870 H669b 2008.
- Cancer Vixen. Marchetto M. WP 870 M317c 2006.
- Chemosabee: A Triathlete's Journey Through the First Year of Breast Cancer. Reinisch N. WP 870 R372c 2008.
- Choices in Breast Cancer Treatment. Miller K, ed. WP 870 C546 2008.
- \*Diseases of the Breast. 4th ed. Harris J. WP 870 D611 2010.
- Dr. Susan Love's Breast Book. 4th ed. Love S. WP 840 L897d 2005.
- Essential Exercises for Breast Cancer Survivors. Haverstadt A, Leonard A. WP 870 H197e 2000.
- Fighting For Our Future: How Young Women Find Strength, Hope, and Courage While Taking Control of Breast Cancer. Murphy B. WP 870 M978f 2003.
- From Pink to Green: Disease Prevention and the Environmental Breast Cancer Movement. Ley B. WP 11 AA1 L681f 2009.
- \*Hereditary Breast Cancer. Isaacs C, Rebbeck T, eds. WP 870 H542 2008.
- How to Ride a Dragon: Women With Breast Cancer Tell Their Stories. Tocher M. WP 870 T631h 2002.
- I Am Not My Breast Cancer: Women Talk Openly About Love & Sex, Hair Loss & Weight Gain, Mothers & Daughters, and Being a Women With Breast Cancer. Peltason R. WP 870 P393i 2008.
- I'm Too Young to Have Breast Cancer. Leibson-Hawkins B. WP 870 L525i 2004.
- Joy Is a Plum-Colored Acrobat: 45 Life-Affirming Visualizations for Breast Cancer Treatment and Recovery. Burton W. WP 870 B974j 2004.
- Lymphedema: A Breast Cancer Patient's Guide to Prevention and Healing. 2nd ed. Burt J, White G. WH 700 B973l 2005.
- Navigating Breast Cancer: A Guide for the Newly Diagnosed. Shockney L. WP 870 S559n 2007.
- No Family History: The Environmental Links to Breast Cancer. McCormick S. WP 870 M131n 2009.
- 100 Questions & Answers About Advanced and Metastatic Breast Cancer. Shockney L. WP 870 S559o 2009.
- 100 Questions & Answers About Breast Cancer. 3rd ed. Brown Z, Boatman K. WP 870 B881o 2009.
- 100 Questions & Answers About Breast Surgery. Disa J, Kuechel M. WP 910 D611o 2006.
- Pretty Is What Changes: Impossible Choices, the Breast Cancer Gene, and How I Defied My Destiny. Queller J. WP 870 Q4p 2008.
- Stealing Second Base. Shockney L. WP 870 S559s 2007.

\*Indicates reference only (unavailable for check out)

Taking Charge of Breast Cancer. Erickson J. WP 870 E68t 2008.  
Thriving After Breast Cancer: Essential Healing Exercises for Body and Mind. Davis S.  
WP 870 D264t 2002.  
Unbeatable. Frey L, Dupree C, Coble E. WP 870 F893u 2008.  
You Are Never Alone: Prayers and Meditations to Sustain You Through Breast Cancer. Murray  
M. WP 870 M983y 2004.  
You Can Do This!: Surviving Breast Cancer Without Losing Your Sanity or Your Style. Daniels  
E, Tuthill K. WP 870 D186y 2009.  
The Well-Informed Patient's Guide to Breast Reconstruction. Kroll S. WP 910 K93w 2002.  
Why I Wore Lipstick to My Mastectomy. Lucas G. WP 870 L933w 2004.  
Why We Walk. Yow J. 2005. WP 870 Y83w 2005.

## Video

The Beautiful 8: Learning to Live With Advanced Breast Cancer. Murphy B, Foley P.  
WP 870 DVD 3817 2006.  
Beyond Flowers: What to Say and Do When Someone You Know Has Breast Cancer. Katzke M.  
WP 870 DVD 926 2003.  
Breast Cancer and Intimacy. Rubin D, et al. WP 870 DVD 384 2004.  
Breast Cancer: Early Detection. Douglas P, et al. WP 870 DVD 387 2006.  
Breast Cancer Legacy: Your Family History, Your Future. Murphy B, et al.  
WP 870 DVD 385 2004.  
Exercises for Patients After Breast Surgery. The University of Texas M. D. Anderson Cancer  
Center. WP 910 VHS 409 2002.  
Living With Lymphedema. The University of Texas M. D. Anderson Cancer Center.  
WH 700 DVD 4063 2009.  
Lymph Node Mapping: Sentinel Node Biopsy. The University of Texas M. D. Anderson Cancer  
Center. WP 870VHS 393 2000.  
Oncology on Canvas – Expressions of a Woman's Cancer Journey. Eli Lilly and Company.  
WP 870 DVD 386 2005.  
Partners in Hope: A Man's Guide to Woman's Breast Cancer. Asner E. WP 870 VHS 408 2001.  
What I Would Do: Breast Cancer Treatment Options (also available in Spanish). Porto L,  
Singletary S, Judkins A, The University of Texas M. D. Anderson Cancer Center.  
WP 870 VHS 390 1997.

## CD-ROM

Breast Reconstruction: What You Need To Know. Miller M, The University of Texas M. D.  
Anderson Cancer Center. WP 910 B827 2002.

## Web Sites

### **The University of Texas M. D. Anderson Cancer Center Breast Center Page**

[http://www.mdanderson.org/care\\_centers/breastcenter/](http://www.mdanderson.org/care_centers/breastcenter/)

### **Susan G. Komen Breast Cancer Foundation**

<http://www.komen.org>

Consult the section labeled “Understanding Breast Cancer” for good, basic information as well as topics that are more advanced. Technical aspects of research studies are explained in the research section. Some information is presented in audiovisual format. Especially noteworthy is the detailed information on environmental pollutants and the essay “How to Read a Research Table.”

### **Breastcancer.org**

<http://www.breastcancer.org/>

This site provides information about symptoms and diagnosis, treatment and side effects, day-to-day matters and lowering risk. In addition to recent news items, it offers a community knowledge exchange and chat rooms. Both a consumer and a professional advisory board guide it.

### **Breast Cancer Network of Strength (formerly Y-ME)**

<http://networkofstrength.org>

An especially valuable feature of this site is the 24-hour toll-free support center staffed by survivors called “Your Shoes.” The site is available in English, Spanish, Russian, Tagalong, Korean and Chinese.

### **National Breast Cancer Coalition**

<http://www.natlbcc.org/>

The National Breast Cancer Coalition is an advocacy group and takes stands on controversial issues. It tracks legislation before Congress.

### **FORCE: Facing Our Risk of Cancer Empowered**

<http://www.facingourrisk.org>

FORCE provides information and support for those women who are at high risk or affected by hereditary breast and ovarian cancer.

### **Young Survival Coalition**

<http://www.youngsurvival.org>

This is a network of breast cancer survivors, supporters and advocates; they focus on the issues that concern women diagnosed at age 40 and under.

### **HER2 Support Group**

<http://www.her2support.org>

For those women who are HER-2 positive, this site provides support plus information on the HER-2 gene, tests and treatments, drugs and drug side effects, clinical trials and metastasis.

### **Triple Negative Breast Cancer Foundation**

<http://www.tnbcfoundation.org>

In addition to basic information, this site lists events and clinical trials, and it has several forums.

### **Metastatic Breast Cancer Network**

<http://www.mbcnetwork.org>

This advocacy network hopes to ease the fear of metastatic disease and to offer strategies for living with it. They post material related to their annual conference and summaries of significant research news.

### **National Lymphedema Network**

<http://www.lymphnet.org>

This organization provides information on the prevention and management of lymphedema.

### **BRAINMETSBC.ORG**

<http://www.brainmetsbc.org>

BRAINMETSBC.ORG is devoted to understanding brain metastasis, available treatments and emerging research. It also includes personal stories, interviews with doctors and information on clinical trials.