

Head and Neck Cancer

A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please consult your health care provider to discuss your specific concerns.

The Learning Center locations provide a wide range of materials, and each site's resources are different. Please call ahead to learn which location contains the resources you need. The Learning Center staff provides skilled, individualized service and will be happy to help you.

For more information, or if you have questions, please call, e-mail or visit The Learning Center.

Levit Family Learning Center Mays Clinic

Floor 2, near The Tree Sculpture,
Room ACB2.1120
Monday – Friday, 9 a.m.-4 p.m.
713-563-8010

<http://www.mdanderson.org/tlc>

E-mail: asktlcstaff@mdanderson.org

Theodore N. Law Learning Center Main Building

Floor 4, near Elevator A,
Room R4.1100
Monday – Friday, 9 a.m.-4 p.m.
713-745-8063

Pamphlets

Advances in the Treatment of Dry Mouth. CancerCare® Connect®. 2008.
A Team Approach to Treating Head and Neck Cancer. CancerCare Connect. 2007.
Oral Cancer: What You Need to Know. Oral Cancer Foundation. 2006.
Support for People With Oral and Head and Neck Cancer. SPOHNC.
What You Need to Know About Cancer of the Larynx. National Cancer Institute. 2002.
What You Need to Know About Oral Cancer. National Cancer Institute. 2003.

Books

*Cancer of the Head and Neck. Myers E. WE 707 C 215 2003.
*Cancer of the Head and Neck. Pages 2-44. In: Atlas of Cancer. Markman M, ed.
QZ 17 A882 2008.

*Indicates reference only (unavailable for check out)

- Cancer of the Head and Neck. Pages 799-888. In: DeVita, Hellman, and Rosenberg's Cancer: Principles & Practice of Oncology. 8th ed. DeVita VT, Lawrence TS, Rosenberg SA, eds. QZ 200 C2164 2008.
- Cancers of the Mouth and Throat: A Patient's Guide to Treatment. Lydiatt WM, Johnson PJ. WE 707 L983c 2001.
- *Clinical Nutrition: Enteral and Tube Feeding. Rolandelli R. WB 410 C641 2005.
- Easy-to-Swallow, Easy-to-Chew Cookbook. Weihofen D, et al. WB 405 W419e 2002.
- Eat Well – Stay Nourished: A Recipe and Resource Guide for Coping With Eating Challenges. Support for People with Oral and Head and Neck Cancer. WB 405 E14 2005.
- Goes Down Easy: Recipes to Help You Cope With the Challenge of Eating During Cancer Treatment. Lydiatt W, et al. WB 405 M487g 2006.
- *Head and Neck Cancer. Clarke L, Dropkin M. WE 707 H4328 2006.
- *Head and Neck Cancer. Pages 289-311. In: M. D. Anderson Manual of Medical Oncology. Kantarjian H, Wolff R, Koller C. QZ 200 M478 .K16 2006.
- *Head and Neck Cancer. Pages 593-609. In: Surgical Foundations: Essentials of Surgical Oncology. Sabel M, et al. QZ 268 S962 2007.
- *Head and Neck Cancer: A Multidisciplinary Approach. Harrison L, et al. WE 707 H4335 2009.
- *Head and Neck Cancer: Treatment, Rehabilitation, and Outcomes. Ward C, As-Brooks C. WE 707 H4329 2007.
- I Can't-Chew Cookbook. Wilson JR. WB 405 W749i 2003.
- Looking Forward: The Speech and Swallowing Guide Book for People With Cancer of the Larynx or Tongue. 4th ed. Thomas J. WV 540 T4581 2005.
- Meeting the Challenges of Oral Head and Neck Cancer: A Survivor's Guide. Leupold N, Sciubba JL. WE 707 M495 2008.
- One Hundred Questions and Answers about Head and Neck Cancer. Carper E, Hu K, Kuzin E. WE 707 C297o 2008.
- Oral Cancer: Diagnosis, Management and Rehabilitation. Werning JW, ed. WU 280 O635 2007.
- *Practical Head and Neck Oncology. Petruzzelli G. WE 707 P895 2009.
- Self Help for the Laryngectomy. Lauder E. WV 540 L368s 2001.
- *Squamous Cell Head and Neck: Recent Clinical Progress and Prospects for the Future. Adelstein D, ed. WE 707 S773 2005.
- We Have Walked a Mile in Your Shoes: A Guide to Living With Oral, Head and Neck Cancer. Support for People with Oral and Head and Neck Cancer. WE 707 W361 2006.

Video

Tracheostomy Care in the Home Setting. The University of Texas M. D. Anderson Cancer Center. WF 490 VHS 80 2003.

*Indicates reference only (unavailable for check out)

Web Sites

The University of Texas M. D. Anderson Cancer Center Head and Neck Center Page

http://www.mdanderson.org/Care_Centers/HeadNeck

The Head and Neck Center page gives both center and disease specific information. Work your way through the sidebars to learn more about head and neck cancer, clinical trials at M. D. Anderson and patient support.

ACOR Mailing Lists

<http://www.acor.org>

With this group of free discussion lists, patients, families, friends, researchers and doctors discuss clinical and non-clinical issues and advances with all forms of cancer. The site has information about patient experiences, psychosocial issues, new research, clinical trials and a discussion of current treatment practices and alternative treatments. See *Mailing Lists* to register.

American Head and Neck Cancer Society (AHNS)

AHNS is the single largest organization in North America for the advancement of research and education in head and neck oncology. Learn more about head and neck cancer by going to *Patient Education and Research*.

<http://www.headandneckcancer.org/>

American Speech-Language-Hearing Association

<http://www.asha.org>

This site gives information and resources for people with swallowing and speech disorders. It includes an online directory of qualified service providers. To access public resources, see *The Public* in the left menu.

National Cancer Institute

The National Cancer Institute gives information for many types of cancer. The Head and Neck Cancer page gives information on a variety of head and neck cancers. Information is available in both patient and health professional versions. Topics include treatment, prevention, genetics, screening and testing, coping and statistics. There is also information on clinical trials and clinical trial results.

Head and Neck Cancer

<http://www.cancer.gov/cancertopics/types/head-and-neck/>

Laryngeal Cancer

<http://www.cancer.gov/cancertopics/wyntk/larynx>

Oral Cancer

<http://www.cancer.gov/cancertopics/wyntk/oral>

LarynxLink

<http://www.larynxlink.com>

This is the official site of the International Association of Laryngectomees. It gives current information on IAL, directories and links, reading materials and newsletters. This site also gives product and vendor information.

Oral Cancer Foundation

<http://www.oralcancerfoundation.org/>

This site gives information on treatments, current research and current oral cancer issues. In the patient/survivor forum, people communicate with others who have similar issues. This site also has information on restoration, rehabilitation and dental issues.

Support for People with Oral and Head and Neck Cancer

<http://www.spohnc.org>

This is a patient-directed, self-help organization dedicated to meeting the needs of oral and head and neck cancer patients. This group addresses both emotional and physical needs of patients. See *Supportive Care* and *Cancer Information!* to find information on improving quality of life and current research of interest to head and neck patients.

WebWhispers

<http://www.webwhispers.org/>

WebWhispers is a patient-driven site dedicated to laryngectomy rehabilitation. This site focuses on cancer of the larynx. It gives information on treatments, surgery, recovery and life after a laryngectomy. E-mail lists offer discussions between patients, caregivers and professionals.