Head and Neck Cancer
A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please talk to your doctor about your specific concerns.

The Learning Center provides a wide range of materials, and each location has different resources. Please call ahead to learn which location has the resources you need.

To learn more or ask questions, please call, email or visit The Learning Center.

Levit Family Learning Center
Mays Clinic
Floor 2, near The Tree Sculpture,
Room ACB2.1120
Monday – Friday, 9 a.m.-4 p.m.
713-563-8010
http://www.mdanderson.org/tlc
Email: asktlcstaff@mdanderson.org

Theodore N. Law Learning Center
Main Building
Floor 4, near Elevator A,
Room R4.1100
Monday – Friday, 9 a.m.-4 p.m.
713-745-8063

Pamphlets

Chemotherapy and Your Mouth. National Institute of Dental and Craniofacial Research. 2009.
Head and Neck Radiation Treatment and Your Mouth. National Institute of Dental and Craniofacial Research. 2009.
Support for People With Oral, Head, and Neck Cancer. SPOHNC.
What You Need to Know About Cancer of the Larynx. National Cancer Institute. 2010.
What You Need to Know About Oral Cancer. National Cancer Institute. 2009.

Books

*Cancer of the Head and Neck. In: DeVita, Hellman and Rosenberg's Cancer: Principles & Practice of Oncology. 9th ed. DeVita VT, Lawrence TS, Rosenberg SA, eds. QZ 200 C2164 2011.

*Indicates reference only (unavailable for check out)

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*Communication and Swallowing Dysfunction in the Cancer Patient. Pages 941-957. In: Cancer Rehabilitation: Principles and Practice. Stubblefield MD, O'Dell MW, eds. QZ 266 C641 S932 2009.
Down Easy: A Cookbook for Those With Swallowing Difficulties. Best J. WB 405 B561d 2012.
Dx/Rx: Head and Neck Cancer. Hu K, et al. WE 707 H874d 2012.
Dysphagia Book: Great Tasting and Nutritious Recipes for People With Swallowing Difficulties. Achilles E, ed. WB 405 A178c 2004.
*Early Diagnosis and Treatment of Cancer: Head and Neck Cancer. Koch WM, ed. WE 707 H4336 2010.
Easy-to-Swallow, Easy-to-Chew Cookbook. Weihofen D, et al. WB 405 W419e 2002.
Eat Well, Stay Nourished: A Recipe and Resource Guide for Coping With Eating Challenges. Support for People With Oral and Head and Neck Cancer. WB 405 E14 2005.
*Esophageal and Head and Neck Cancer. Pages 165-185. In: Clinical Nutrition for Oncology Patients. Marian M, Roberts S, eds. QZ 266 C641. M333 2010.
*Evaluation and Treatment of Head and Neck Cancer. Pages 291-300. In: Cancer Rehabilitation: Principles and Practice. Stubblefield MD, ed. QZ 266 C215 S932 2009.
Goes Down Easy. Mecklinger E. WB 405 M487g 2007.
*Head and Neck. Pages 161-352. In: Radiation Oncology: Rationale, Techniques, Results. 9th ed. Cox J, Ang K. QZ 269 R1298 2010.
*Head and Neck Cancer. Pages 259-335. In: Mastery of Surgery. 5th ed. Fischer J. WO 100 M 423 2007.
*Head and Neck Cancer. Pages 383-405. In: MD Anderson Manual of Medical Oncology. Kantarjian H, Wolff R, Koller C. QZ 200 M478 K16 2011.
*Head and Neck Cancer. Pages 593-609. In: Surgical Foundations: Essentials of Surgical Oncology. Sabel M, et al. QZ 268 S962 2007.
*Head and Neck Cancer: A Multidisciplinary Approach. Harrison L, et al. WE 707 H4335 2009.
*Head and Neck Cancer: Treatment, Rehabilitation, and Outcomes. Ward C, As-Brooks C. WE 707 H4329 2007.
*Head and Neck Squamous Cell Carcinoma. Pages: 479-485. In: The Molecular Basis of Cancer. 3rd ed. Mendelsohn J, et al. QZ 202 M7192 2008.
*Head and Neck Tumors. Pages 800-1055. In: Perez and Brady's Principles & Practices of Radiation Oncology. 5th ed. Halperin E, et al. QZ 269 P438 2008.
*Head and Neck Tumours. Pages 67-126. In: Management of Rare Adult Tumours. Belkacemi Y, et al. QZ 266 M2662 2010.
I-Can't-Chew Cookbook. Wilson JR. WB 405 W749i 2003.
John Hopkins Medicine Patients' Guide to Head and Neck Cancer. Gourin CG. WE 707 G715j 2011.
Looking Forward: The Speech and Swallowing Guide Book for People With Cancer of the Larynx or Tongue. 4th ed. Thomas J. WV 540 T4581 2005.
Meeting the Challenges of Oral Head and Neck Cancer: A Survivor's Guide. Leupold N, Sciubba JL. WE 707 M495 2008.
Neoplasms of the Head and Neck. Pages 959-998. In: Holland-Frei Cancer Medicine. 8th ed. Hong WK, et al. QZ 200 C2155 2010.

*Indicates reference only (unavailable for check out)

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100 Questions and Answers About Head and Neck Cancer. Carper E, Hu K, Kuzin E. WE 707 C297o 2008.
*Oral Cancer: Causes, Diagnosis and Treatment. Harris M, ed. WU 280 O636 2011.
*Oral Cancer: Diagnosis, Management and Rehabilitation. Werning JW, ed. WU 280 O635 2007.
*Practical Head and Neck Oncology. Petruzzelli G. WE 707 P895 2009.
Self Help for the Laryngectomee. Lauder E. WV 540 L368s 2001.
*Stell & Maran's Textbook of Head and Neck Surgery and Oncology. 5th ed. Watkinson J, Gilbert RW, eds. Ref WE 707 S824 2012.

Videos

Head and Neck Radiation Treatment. The University of Texas MD Anderson Cancer Center. WE 707 DVD 4153.

Websites

The University of Texas MD Anderson Cancer Center: Head and Neck Cancer
http://www.mdanderson.org/patient-and-cancer-information/cancer-information/cancer-types/head-and-neck-cancer/index.html
Select a cancer from the *Disease Information* heading. Read the basics and learn about head and neck resources. Join discussion groups and explore web resources.

Adenoid Cystic Carcinoma Research Foundation
www.accrf.org
The Adenoid Cystic Carcinoma Research Foundation (ACCRF) supports research into adenoid cystic carcinoma that will accelerate the development of improved therapies and a cure for the disease. This site provides educational materials with a special focus on the newly diagnosed and patient support options.

American Speech-Language-Hearing Association
http://www.asha.org
Although primarily for the health professional, this site provides information and resources for people with swallowing and speech disorders, including an online directory of qualified service providers. To access public resources, select *The Public*.

Association of Cancer Online Resources
http://www.acor.org
ACOR offers access to mailing lists (communities) that provide support, information and community to everyone affected by cancer and related disorders. Simply select the relevant mailing list to register.

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American Head and Neck Society
http://www.headandneckcancer.org/
AHNS is the single largest organization in North America for the advancement of research and education in head and neck oncology. Learn more about head and neck cancer by going to *Patient Education* and *Research*. This site provides clinical trial resources and current reports on Head and Neck Cancer.

National Cancer Institute
Head and Neck Cancer
http://www.cancer.gov/cancertopics/types/head-and-neck/
NCI's website provides information on a variety of head and neck cancers. Information is available in both patient, health professional and Spanish versions. Topics include treatment, prevention, genetics, screening and much more. Information on clinical trials and clinical trial results is also available.

International Association of Laryngectomees
http://www.theial.com/ial/
The International Association of Laryngectomees (IAL) is a nonprofit organization composed of member clubs whose purpose is to assist in the rehabilitation of the laryngectomee. This site provides current information for the laryngectomee with directories and links to reading materials and newsletters. Product and vendor information is available as well.

The Oral Cancer Foundation
http://www.oralcancerfoundation.org/
The Oral Cancer Foundation website provides information on treatments, current research and oral cancer issues. See *Survivor/ Patient Forum* for a message board and chat room where you may ask questions, help others, share ideas and opinions, and learn about other people's experiences dealing with oral cancer. This site includes information on restoration, rehabilitation and dental issues.

Support for People with Oral and Head and Neck Cancer
http://www.spohnc.org
SPOHNC is a patient-directed self-help organization dedicated to meeting the needs of oral and head and neck cancer patients. This group addresses both emotional and physical needs of patients. See *Supportive Care* and *Cancer Information* to find information on improving quality of life and current research of interest to head and neck patients.

WebWhispers
http://www.webwhispers.org/
WebWhispers is a patient-driven site dedicated to laryngectomy rehabilitation. It provides information on treatments, surgery, recovery and life after a laryngectomy. See *Email List & Forum* for discussions among patients, caregivers and professionals.

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