

Bone Disease

A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please consult your health care provider to discuss your specific concerns.

The Learning Center locations provide a wide range of materials, and each site's resources are different. Please call ahead to learn which location contains the resources you need. The Learning Center staff provides skilled, individualized service and will be happy to help you.

For more information, or if you have questions, please call, e-mail or visit The Learning Center.

Levit Learning Center

Mays Clinic

Floor 2, near The Tree Sculpture,
Room ACB2.1120

Monday – Friday, 9 a.m.–4 p.m.

713-563-8010

E-mail: asktlcstaff@mdanderson.org

Law Learning Center

Main Building

Floor 4, near Elevator A,
Room R4.1100

Monday – Friday, 9 a.m.–4 p.m.

713-745-8063

Pamphlets

Slovin S, Partington EW. *Better Bone Health for Men Living With Prostate Cancer*. Cancercare; 2007.

The University of Texas M. D. Anderson Cancer Center. *Osteoporosis*. 2007.

Books

*Indicates reference only (unavailable for check out)

Alexander IM, Knight KA. *One Hundred Questions & Answers About Osteoporosis and Osteopenia*. Sudbury, Mass: Jones and Bartlett; 2006. WE 250 A375o

*American Medical Association. Disorders of the bones, muscles, and joints. In: *American Medical Association Family Medical Guide*. Hoboken, NJ: John Wiley & Sons Inc; 2004. WB 120 A5123

Compston J, Rosen CJ. *Fast Facts: Osteoporosis*. 5th ed. Oxford, England: Health Press Ltd; 2006. WE 250 C737o

*Cooper C, Gehlbach SH, Lindsay R. *Prevention and Treatment of Osteoporosis: A Clinician's Guide*. London, England: Taylor & Francis; 2005. WE 250 P9443

- Daniels D. *Exercises for Osteoporosis: Over 100 Exercises to Improve Strength, Balance, and Flexibility*. New York, NY: Hatherleigh Press; 2005. WE 250 D186E
- Maddern J. *Yoga Builds Bones: Easy, Gentle Stretches That Prevent Osteoporosis*. Gloucester, Mass: Fair Winds Press; 2002. WE 250 M179y
- Winters-Stone K. *Action Plan for Osteoporosis*. Champaign, Ill: Human Kinetics; 2005. WE 250 W787a
- *United States Public Health Service, Office of the Surgeon General. *Bone Health and Osteoporosis: A Report of the Surgeon General*. Rockville, Md: University Press of the Pacific; 2004. WE 225 B7124

Videos

- Krichmar P, Lerner E, Lerner AC. *Osteoporosis Prevention & Treatment*. Boca Raton, Fla: Information Television Network; 2006. WE 250 DVD 1926

Internet Resources

The University of Texas M. D. Anderson Cancer Center Bone Disease Program of Texas
<http://www.mdanderson.org/departments/boneprogram/>

**National Institutes of Health
Osteoporosis and Related Bone Diseases National Resource Center**
<http://www.osteoo.org>

This site includes fact sheets and annotated bibliographies on osteoporosis, Paget's disease, osteogenesis imperfecta and other related diseases and disorders.

National Osteoporosis Foundation
<http://www.nof.org/>

This site provides information on osteoporosis, including prevention, treatment and support for patients with osteoporosis.

The Paget Foundation
<http://www.paget.org/>

This site provides information on Paget's disease of bone, primary hyperparathyroidism, fibrous dysplasia, osteopetrosis (*not the common disease osteoporosis*) and the skeletal complications of cancer.

Foundation for Osteoporosis Research and Education
<http://www.fore.org/>

This site provides information on prevention, diagnosis and treatment of osteoporosis and osteopenia.