Holden Foundation Learning Center
A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please consult your health care provider to discuss your specific concerns.

The Learning Center is located in the Jesse H. Jones Rotary House International, Floor 1, within Patient Guest Relations, in Room RHI1.103. Staff can be reached at 713-745-0007, Monday – Friday, 9 a.m.-1 p.m. Hours are Monday – Friday, 7 a.m.-8:30 p.m.; Saturday, 10 a.m.-4 p.m.; and Sunday, 1:30 p.m.-8:30 p.m. If you do not find what you need, please visit or call The Learning Center in one of our other locations:

Mays Clinic
Floor 2, near The Tree Sculpture,
Room ACB2.1120
Monday - Friday, 9 a.m.-4 p.m.
713-563-8010

Main Building
Floor 4, near Elevator A,
Room R4.1100
Monday - Friday, 9 a.m.-4 p.m.
713-745-8063

E-mail: asktlcstaff@mdanderson.org

Pamphlets

Note: The National Cancer Institute's *What You Need to Know About … Cancer* pamphlets in the wall bins provide overviews of different types of cancer. The American Cancer Society's *Treatment Guidelines for Patients* pamphlets in the bookcase give information about symptoms (fever, fatigue and nausea) and common cancers (breast, prostate, lung and colon).

Books

American Cancer Society. *American Cancer Society's Guide to Complementary and Alternative Cancer Methods.* Atlanta, Ga: American Cancer Society; 2000. WB 890 A512

Bloch AS, Cassileth BR, Holmes MD, Thomson CA, eds. *Eating Well, Staying Well: During and After Cancer.* Atlanta, Ga: American Cancer Society; 2004. QU 145 E14

*Cohen B, Wood D. *Memmler's The Human Body in Health and Disease.* 9th ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2000. QT 104 C678M

Cukier D, Makari-Judson G. *Coping with Chemotherapy and Radiation.* 4th ed. New York, NY: McGraw-Hill; 2005. QZ 266 C783

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*Fischbach ST, Dunning MB. *A Manual of Laboratory and Diagnostic Tests*. 7th ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2003. QY 25 F528m
*Foster S, Tyler VE. *Tyler's Honest Herbal: A Sensible Guide to the Use of Herbs and Related Remedies.* 4th ed. New York, NY: Haworth Herbal Press; 1999. QV 766 F757t
Halpern SP. *The Etiquette of Illness: What to Say When You Can't Find the Words.* New York, NY: Bloomsbury; 2004. WB 104 H195e
Heiney SP. *Cancer in the Family: Helping Children Cope with a Parent's Illness.* Atlanta, Ga: American Cancer Society; 2001. QZ 200 H468c
*Ko A, Dollinger M, Rosenbaum E. *Everyone's Guide to Cancer Therapy.* 5th ed. Kansas City, Mo: Andrews McMeel Publishing LLC; 2008. QZ 200 E93
*Litin SC, ed. *Mayo Clinic Family Health Book.* 3rd ed. New York, NY: HarperCollins; 2003. WB 120 M473
Meyer MM, Derr P. *The Comfort of Home: An Illustrated Step-By-Step Guide for Caregivers.* 2nd ed. Portland, Ore: Care Trust Publications LLC; 2002. WY 115 M6132c
Rosenbaum E. *Everyone's Guide to Cancer Survivorship*. Kansas City, Mo: Andrews McMeel Publishing; 2007. QZ 200 E932
*Sang, M. *The Cancer Dictionary.* 3rd ed. New York, NY: Checkmark Books; 2007. QZ 13 A468c
Senneff JA. *Numb Toes and Other Woes: More on Peripheral Neuropathy.* San Antonio, Tex: MedPress; 2001. WL 500 S478n
*Wiles GM, Ades TB. *American Cancer Society Consumers Guide to Cancer Drugs*. 2nd ed. Boston, Mass: Jones and Bartlett Publishers; 2004. QZ 267 W682c

Indicates reference only (unavailable for check out)

Note: The *One Hundred Questions and Answers About … Cancer* books cover different topics, such as breast cancer, bone marrow and stem cell transplantation, brain tumors, colorectal cancer, leukemia, lung cancer, lymphoma, melanoma, ovarian cancer, pancreatic cancer, cancer symptoms and cancer treatment side effects, and caring for family or friends with cancer.

Internet Resources

The University of Texas MD Anderson Cancer Center Home Page
http://www.mdanderson.org/

National Cancer Institute (NCI)
http://www.cancer.gov
This site includes information on treatment, clinical trials, prevention, genetics, screening and testing, coping and statistics. Click on a specific type of cancer to access up-to-date information.

Cancer Net
http://www.cancer.net
The American Society of Clinical Oncology sponsors this site. It provides information on more than 120 types of cancer and their treatments, clinical trials, coping, complementary and alternative medicine and survivorship. Additional resources include links to patient support organizations.

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Cancer*Care*
http://www.cancercare.org
Cancer*Care* is a national non-profit organization that provides free professional support services to anyone affected by cancer: patients, caregivers, children, loved ones and the bereaved.

American Cancer Society (ACS)
http://www.cancer.org/
This site contains information and resources about specific cancer topics, support groups and services, special health needs of patients and survivors, managing the cancer experience, cancer prevention and risks, early detection, and statistics by year and state.

CancerConsultants
http://cancerconsultants.com/patient/home.html
This site contains current information on health and wellness, diagnostic testing, types of cancer, treatments and side effects, support, resources and clinical trials.

MEDLINEplus
http://www.medlineplus.gov
Information is provided on over 650 diseases and conditions. There is also a medical encyclopedia, a medical dictionary, extensive information on prescription and nonprescription drugs, health information from the media and links to thousands of clinical trials.

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