

Cancer Survivorship

A Pathfinder

The Learning Center provides materials for information and convenience only. They are not to be substituted for medical advice. Medical information is often controversial and continually changes. Please consult your health care provider to discuss your specific concerns.

The Learning Center locations provide a wide range of materials, and each site's resources are different. Please call ahead to learn which location contains the resources you need. The Learning Center staff provides skilled, individualized service and will be happy to help you.

For more information, or if you have questions, please call, e-mail or visit The Learning Center.

Levit Family Learning Center Mays Clinic

Floor 2, near The Tree Sculpture,
Room ACB2.1120
Monday – Friday, 9 a.m.-4 p.m.
713-563-8010

<http://www.mdanderson.org/tlc>

E-mail: asktlcstaff@mdanderson.org

Theodore N. Law Learning Center Main Building

Floor 4, near Elevator A,
Room R4.1100
Monday – Friday, 9 a.m.-4 p.m.
713-745-8063

Pamphlets

Facing Forward Series: Life After Cancer Treatment. National Cancer Institute. 2006.

Facing Forward Series: When Someone You Love Has Completed Cancer Treatment. National Cancer Institute. 2005.

Road to Survivorship. Lance Armstrong Foundation. 2006.

Self-Advocacy: A Cancer Survivor's Handbook. National Coalition for Cancer Survivorship. 2003.

Survivorship: Living With, Through and Beyond Cancer. The University of Texas M. D. Anderson Cancer Center. 2008.

What Cancer Survivors Need to Know About Health Insurance. National Coalition for Cancer Survivorship. 2006.

Books

The Cancer Survivor's Guide: The Essential Handbook to Life After Cancer. Feuerstein M, Findley P. QZ 200 F423c 2006.

- *Cancer Survivorship: Today and Tomorrow. Ganz P, Horning S. QZ 200 C2147 2007.
- Can Survive: Reclaiming Your Life After Cancer. Nessim S, Ellis J. QZ 201 N465C 2000.
- Chicken Soup for the Surviving Soul: One Hundred and One Stories of Courage and Inspiration from Those Who Have Survived Cancer. Canfield J. QZ 201 C533 1996.
- Childhood Cancer Survivorship: Improving Care and Quality of Life. National Cancer Policy Board. QZ 275 N277c 2003.
- Diagnosis Cancer: Your Guide to the First Months of Healthy Survivorship. Harpham W. QZ 200 H295d 2003.
- Everyone's Guide to Cancer Survivorship: A Road Map for Better Health. Rosenbaum E. QZ 200 E932 2007.
- *From Cancer Patient to Cancer Survivor: Lost in Transition. Hewitt M, Greenfield S, Stovall E. QZ 266 F931 2006.
- Handbook of Cancer Survivorship. Feuerstein M. QZ 200 H2365 2007.
- Happiness in a Storm: Facing Illness and Embracing Life as a Healthy Survivor. Harpham W. WM 178 H295h 2005.
- Heaven Can Wait: Surviving Cancer. Jones C, Doren K. QZ 200 J76h 2003.
- Live Strong: Inspirational Stories from Cancer Survivors – From Diagnosis to Treatment and Beyond. Lance Armstrong Foundation. QZ 200 L784 2005.
- One Hundred Questions and Answers About Life After Cancer: A Survivor's Guide. Tolbert P. QZ 200 T648o 2008.
- One Hundred Questions and Answers for Women Living With Cancer: A Practical Guide for Survivorship. Krychman M. QZ 200 K94o 2007.
- Surviving Cancer Emotionally: Learning How to Heal. Granet R. QZ 200 G756s 2001.

Audio

- Cancer Survival Toolbox: Living Beyond Cancer. National Coalition for Cancer Survivorship. QA 201 C215 2000.
- Live Strong: Inspirational Stories From Cancer Survivors – From Diagnosis to Treatment and Beyond. Lance Armstrong Foundation. QZ 200 L784 2005.

Video

- From Cancer Patient to Cancer Survivor. The University of Texas M. D. Anderson Cancer Center. QZ 200 DVD 3812 2007.
- You Are Not Alone: A Conversation With Young Survivors. Young Survival Coalition. WP 870 VHS 412 2003.

*Indicates reference only (unavailable for check out)

Web Sites

The University of Texas M. D. Anderson Cancer Survivorship

<http://www.mdanderson.org/topics/survivorship/>

This site helps cancer survivors at all stages of cancer through the physical, emotional and psychological needs of surviving cancer. The site includes survivorship resources available at M. D. Anderson.

National Cancer Institute – Cancer Survivorship Research Cancer

<http://dcccps.nci.nih.gov/ocs/>

This site offers links to the latest information on survivorship research, access to NCI survivorship publications and statistical information. This site also features information for caregivers and advocates.

Cancer Survival Toolbox Living Beyond Cancer

<http://www.canceradvocacy.org/toolbox/>

These online audio files discuss a number of important issues that are specific to life beyond the diagnosis and initial treatment of cancer. This program will introduce you to skills to help you adapt to your life after cancer.

American Cancer Society - Cancer Survivor Network

<http://www.acscsn.org>

Create an account for access to this online forum for those whose lives have been touched by cancer. The site features discussion boards, survivors' art gallery, recipes and research sources, and allows you to create a personal survivor Web page.

Cancer.Net

<http://www.cancer.net/patient/Survivorship>

This site provides oncologist approved cancer information from the American Society of Clinical Oncology and features information for cancer survivors, including childhood cancer survivors, and caregivers.

Lance Armstrong Foundation

<http://www.livestrong.org>

The Lance Armstrong Foundation's LiveSTRONG Web site covers survivorship topics on the physical, emotional and practical issues of cancer.