



## Important General Checklist

### A general checklist of things to bring to M. D. Anderson...

- Completed (8-page) Patient History Database form, which comes in this packet. **There may be a delay in seeing your physician if you do not arrive with your completed form.**
- Your appointment schedule and other materials sent to you.
- All insurance information, including health insurance and prescription insurance cards.
- Medical information, including your actual pathology slides that must be sent by overnight delivery or hand-carried for your first appointment.
- Copies of doctors' notes and operative reports.
- Actual diagnostic films such as CT scans, MRIs, ultrasounds, and X-rays must be hand-carried to your first appointment. Please do not mail unless requested by your referral specialist. Your radiology facility may offer to provide copies of these X-rays on a CD, and this is acceptable. **However, in order for our radiologists to view outside X-rays on a CD it is critical that they be provided in the proper format. Please instruct your radiology facility providing those films to provide them as DICOM format CDs.**
- Please include notes from other physicians for any other medical problems you may have.
- A list of all your doctors and their telephone numbers and addresses.
- A list of all your prescription and non-prescription medications in the original, labeled bottles. This request includes vitamins, nutritional supplements, herbal products and over-the-counter drugs.
- Your completed Living Will and Medical Power of Attorney documents. (If you do not have these documents when you arrive for your first appointment, ask to meet with the social worker assigned to this center.)
- A list of questions you may want to ask your doctor. Bring a small notebook for keeping notes.
- Comfortable clothing and shoes and a sweater.
- A local telephone number or cell phone.
- A book, magazines or handwork to help pass the time between appointments.

### Important phone numbers...

#### askMDAnderson

**1-877-MDA-6789**

**[www.mdanderson.org/contact\\_us](http://www.mdanderson.org/contact_us)**

For questions about treatment options, resources and programs at M. D. Anderson.

#### Cancer Prevention Center

**1-800-438-6434 or 713-745-8040**

For cancer screening to detect any existing cancer at its earliest and most treatable stage.

#### Anderson Network

**1-800-345-6324 or 713-792-2553**

For support from someone who has experienced the same diagnosis and treatments.

#### Place ... of wellness

**713-794-4700**

For a warm environment with programs to enhance the quality of life.

#### Jesse H. Jones Rotary House International

**1-800-847-5783 or 713-790-1600**

The "House with a Heart" where you can stay while you're here.

#### Patient Travel Services

**1-888-848-9992 or 713-745-2300**

For assistance in planning a trip to or from M. D. Anderson.

#### M. D. Anderson Web site

**[www.mdanderson.org](http://www.mdanderson.org)**

For information about clinical trials and various programs at M. D. Anderson.